

Real Changes

What's new in helping you look as young as you feel from Dr. Earl H. Parrish and the professional staff of the Parrish Cosmetic & Plastic Surgery Center.

See page 3 for a special rebate offer!

Enhancing your beauty...
from within! Spring 2010

REAL PEOPLE, REAL PATIENTS, REAL RESULTS

Our patients say it best

"My experience with Dr. Parrish's office and the laser treatments I had to my face went beyond my expectations. The staff was very friendly and knowledgeable. I walked away like I had made friends and looked 10 years younger. The procedure was painless and I wake up every morning and can't believe how great my skin looks. I would recommend Dr. Parrish and his staff to anyone interested. I can't thank you enough!"



Linzie,
Real Patient

Photo © Christopher Bischoff

SPRING IS HERE!

It's *SPRING* and *TIME* to get yourself ready for warmer weather. Show off some skin and celebrate the season.

BEAUTIFUL LEGS Get rid of those spider veins with our Sciton Laser. With no downtime you can have beautiful legs. A complimentary consultation with our laser specialist will help you never fear shorts again!

BEAUTIFUL SKIN This is the perfect time of year to reassess your skin routine. As temperatures change so will your complexion. Come see our Esthetician to decide what is best for your skin. A rejuvenating facial or maybe a new moisturizer will help give your skin that special glow.

BEAUTIFUL YOU Facial fillers can give you instant and long lasting wrinkle correction. Just a touch of added volume expertly placed can make an enormous difference in your appearance. Our wrinkle filler specialist can help you restore your youthful look.

Click & Listen!

Dr. Parrish recently did a series of radio interviews. Click title below and listen!

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[Dr. Parrish's Bio](#)

[Facelifts & Other Surgical Procedures](#)

[More Men Considering Plastic Surgery](#)

[Getting to Know Dr. Parrish](#)

Become a fan of Dr. Parrish on Facebook:

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What's the Latest?

The subfacial placement of silicone implants has become the preferred position for placement of breast implants in our practice. Our patients are experiencing an easier recovery time since the implants are not being placed under the muscle. The result is a more natural look and feel. Dr. Parrish has been performing this technique for almost 2 years and our

patients are very pleased. Breast augmentation continues to be one of the most common cosmetic procedures performed today. Especially during this time of year we notice an increasing number of women choosing breast augmentation. Whether it is to enhance their body contour, correct a reduction in breast volume after pregnancy, or to balance different breast sizes, breast augmentation can improve a woman's quality of life.

PARRISH & PLASTIC

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www.dr-parrish.com

701 Golf View Drive, Medford, OR 97504

Medi-spa Specials

Purchase a package of 2 Sciton BBL pulsed laser treatments and receive 25% off an Obagi kit. **\$200 Savings!** The BBL treatment is effective for hyperpigmentation, sun damage, rosacea, vascular lesions, active acne and even collagen rejuvenation for improved skin tone and wrinkle reduction. In March Obagi released a study showing its system, when combined with laser treatments, provided greater improvement in overall facial appearance.

1/2 OFF your choice of facial or dermapeel when you purchase \$150 in makeup or skin care products.

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On a Personal Note...

We recently returned from a surgical mission trip to Antigua, Guatemala. Our group included two general surgeons, two gynecologists and one plastic surgeon, myself. We arrived on Saturday, February 27, 2010 around 11 pm. We were up early the following day and off to the hospital. Our first day was a clinic day and the clinic area was completely full of potential patients for all the doctors. Most of the patients were from hours away. The Mayans came from far off Guatemala and were transported via bus arranged by another organization to get them to the hospital for surgery. All patients were at the clinic by 7 am and waited patiently, with the last being seen at 5 pm.

Every patient went through the anesthesia clinic to make sure they were healthy enough for surgery. In the plastic surgery clinic most of the patients were under two years old and had cleft lips and/or cleft palates to be repaired. The surgery schedule filled very quickly and several patients were put off until the next plastic surgeon visits.

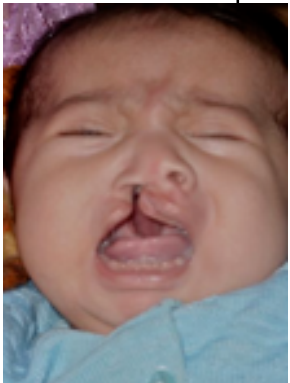
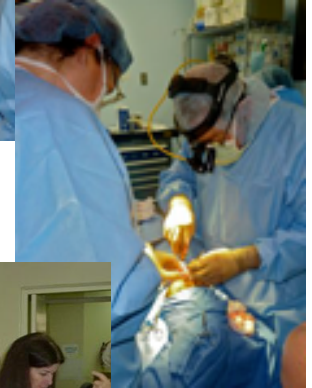
Surgery started Monday morning with everyone up at 5:45 am. After a 15 minute walk to the hospital we all went to our assigned rooms. Most of the procedures we performed were repairing cleft lips and palates. The younger babies had their lips repaired, since that helps them with sucking and definitely helps to improve weight and nutrition. After age two most of the children are old enough to have their cleft palates repaired. Occasionally the defects are unusually wide and additional time is needed before repairs can take place.

Our days were busy and all the surgeries went extremely well. Every day we would make rounds on the wards to check on the children. Parents were always with the babies and did all the feeding and holding to comfort them. Interpreters were needed, as most patients/parents spoke no English. Sometimes two interpreters were needed, one for Mayan to Spanish and another for Spanish to English. Two babies had surgery cancelled due to an outbreak of diarrhea. Their slots were quickly filled with patients on the waiting list.

Everyone was extremely gracious. The Guatemalan surgical technicians were really helpful in assisting us with everything we needed. It was definitely a beautiful week and rewarding for everyone involved.

-Dr. Parrish and Rosemary

P.S. We hope you enjoy the photos from our trip.



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†Minimum purchase requirement is \$400. Not valid on a 0.4 cc syringe. Not valid on Juvéderm[®] injectable gel.

Limited-time offer ends July 15, 2010. **Make an appointment today!**

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